



# 2015 Area Health Education Center Strategic Report

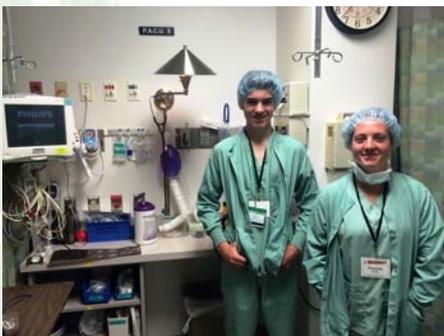
## ***New in 2015: Enhancing Pre-professional Training***

Partnering with SchoolHack Solutions of Bristol, Vermont, Northeastern Vermont AHEC is offering pre-professional training and career exploration to students in the 9th through 12th grades through LiFT™, an online education technology platform. Using a hybrid approach that includes community-based and online learning, students will team up across schools in virtual “classrooms” to build skills and plan for the future. The software connects health careers education to students’ personalized learning plans (PLPs) through a curriculum linked to the VT Education Quality Standards and the National Health Science Standards.



LiFT™ is a mobile software platform allowing students to track their progress on goals and express their interests in subjects inside and outside the classroom. Health Careers Educators at AHEC link students to opportunities in their communities that match their interests and meet their goals.

Students collect evidence of their learning on LiFT™ as they complete steps toward goals from the AHEC curriculum or steps toward their personal goals. This evidence becomes an electronic portfolio that they can use to gain high school graduation proficiencies, for college application, and in job seeking.



## New in 2015: Measuring Social & Emotional Learning

“For me it was just being able to take a step back and look at things from different angles.”

“I left being a changed person: My confidence increased.”

“I feel more able to succeed because I am able to go and have good time management and work in a job. I am able to reach those deadlines, even though there were so many distractions.”

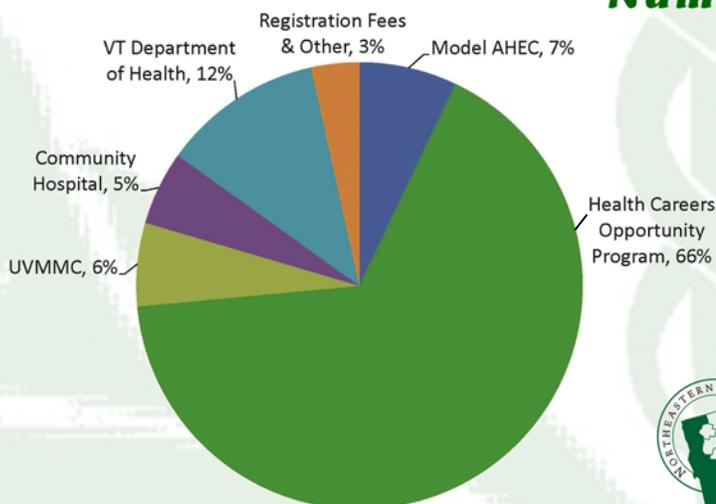
—From focus groups with CollegeQuest 2015



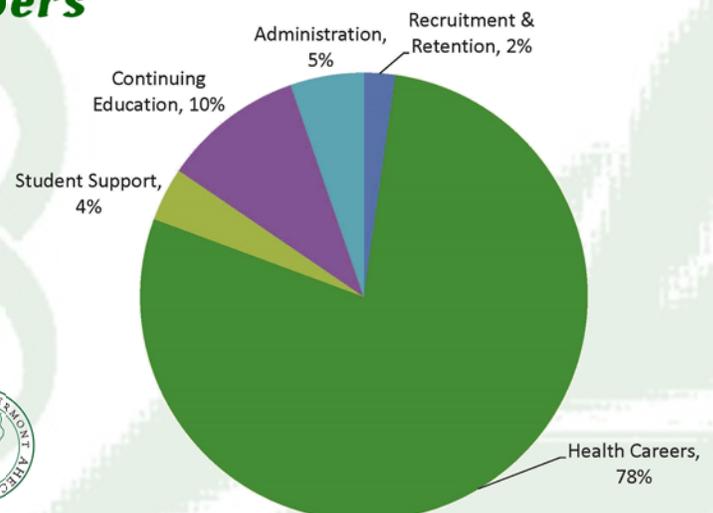
When CollegeQuest students talk about their personal learning during the program, their responses fall into five general categories: self-awareness, self-management, social awareness, relationship skills & responsible decision-making. These five categories make up the domains of Social and Emotional Learning (2013, *Dymnicki, Sambolt, & Kidron*). According to current research, these psychological factors can matter most in students' academic performance. This type of learning had initially occurred naturally for the students by participating in a 6-week residential program with positive mentorship and pro-social community norms. Recognizing the potential of this learning environment, a shift was made in 2014 to integrate content specific to Social and Emotional Learning (SEL) and to test quantitative measures of SEL with program participants and a comparison group. In 2015, using the College Self-Efficacy Inventory before and after the program, NEVAHEC was able to demonstrate changes in student SEL. The focus on SEL opportunities in addition to specific knowledge transfer has made CollegeQuest a standout program for college and health care career preparation.

### The Numbers

Revenue by Source



Expenses by Program



Northeastern Vermont AHEC

347 Emerson Falls Road, Suite 3, St. Johnsbury, VT 05819

Advancing Access to Quality Health Care through Workforce Development